

Los Angeles County Water Program

Greetings Adapted P.E. teachers, Teachers, Recreation Specialists and all others interested in this program.

Do you work with groups of school age children within L.A. County? Are you aware that you can arrange for the Los Angeles County Lifeguards to come to your site and pick-up up to thirty children per session, and transport them to Marina Del Rey for a day of learning ocean safety?

The highly-trained lifeguards start off the day with stretchers and fun beach games. After everyone is warmed up, the children are split into three groups: One group learns how to paddle a paddleboard; another learns how to paddle a kayak; the third group goes sailing. All groups rotate so everyone covers the three stations. When the weather is cool, the students are given wetsuits to wear. All students are provided with a life-vest they must wear while participating.

After all students have rotated through the three stations, they eat the lunch they've brought, awards and prizes are handed out by the lifeguards, and then it's about time to say good-bye, load up the buses, and head for home.

I've saved the best information until last: all of this is free!!! The only thing students have to bring is a lunch, a bathing suit, a towel and his/her curiosity about the Beach.

This is a great program! I can't say enough about how much my students enjoy it and how excited they are by the day's end! I've taken several of my classes. Invariably some kids have never been to the beach, so it's a totally new experience for them. My groups are usually around 25 to 28 (half are autistic, half are M.R.) You should also know that the County doesn't have the resources and facilities to handle more than two or three wheelchair students at a time.

Stacy Smith is the person in charge of handling the Water Program. She can be reached at (310) 305-9553. Call today to set up a time for your class to attend in the Spring.

Most of all have fun!